



Prenatal Breastfeeding Classes

FACILITATED BY: ZEE IFAN, MPA, IBCLC, RLC
INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANT

LET US PREPARE YOU FOR THE JOY OF BREASTFEEDING
Prenatal Breastfeeding Classes are designed for pregnant women, who want to prepare for their breastfeeding experience. Prenatal Breastfeeding Classes are conveniently held in our East Brunswick office, one Wednesday afternoon, every month. Our instructor, Zee Ifan, is a Lactation Consultant with over 20 years experience. During the class, Zee will help you understand why nursing is best for you and baby, when and how to initiate breastfeeding, when and how to pump, along with many other key aspects to breastfeeding.

WHEN:

WEDNESDAY AFTERNOON / ONCE A MONTH

PLEASE CHECK IN-OFFICE OR ONLINE FOR UPCOMING AVAILABILITY | BHILLSOBYN.COM

WHERE:

EAST BRUNSWICK OFFICE
620 CRANBURY RD. SUITE LL90
EAST BRUNSWICK, NJ 08816

TIME:

4PM

DETAILS:

\$35/per person

PRE-REGISTRATION WITH PAYMENT IS REQUIRED — PAYMENT CAN BE MADE BY: CHECK, CREDIT*/DEBIT CARD, OR CASH.

**WE ACCEPT AMERICAN EXPRESS, DISCOVER, MASTERCARD AND VISA.*

PLEASE CUT HERE — RETURN YOUR COMPLETED SLIP TO THE FRONT DESK

Mother's Name: _____

Phone Number: _____

Address: _____

Expected Delivery Date: _____

Payment (please circle): CASH / CREDIT CARD / CHECK

Today's Date: _____

Class Date: _____